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Mindfunda had the honor of interviewing Robert Waggoner about a new book he has written together with Caroline McCready: Lucid dreaming plain and simple .

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About @ caroline mccready

Caroline McCready. HOME; Caroline is the co-author of Lucid Dreaming Plain and Simple: Tips and Techniques for Insight, Creativity and Personal Growth with

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Lucid Dreaming, Plain and Simple, Caroline McCready and focuses more on how to lucid dream and how to use lucid dream techniques for personal growth, insight

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Robert waggoner introduces lucid dreaming, plain

Dec 01, 2014 Robert Waggoner, co-author of "Lucid Dreaming, Plain and Simple", introduces the book and some of the premises behind it

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Caroline McCready is the author of Lucid Dreaming, Plain and Simple (4.50 avg rating, 14 ratings, 3 reviews, published 2015) Caroline McCready Author profile

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